

## 2021 Code Blue Challenge Gear List

### **Mandatory Team Gear** – to be carried at all times

- writing utensil
- hand sanitizer
- compass
- cell phone - for emergency use only
- First Aid Kit – to include at a minimum 4 bandaids, pain reliever, and an Ace wrap
- Waterproof map case - major race maps will be waterproof, but some secondary maps and instructions will be printed on heavy stock paper

### **Mandatory Individual Gear** – to be carried at all times

- whistle
- face mask
- means to carry at least 50oz of liquid

### **Mandatory Individual Biking Gear**

- flashing red tail light
- bike helmet
- mountain bike -

we recognize that the use of cyclocross bikes is becoming increasingly popular, but we feel that they do provide an advantage on the road portions of the course. Therefore, they will be allowed, but there will be a penalty. Any team that has a cyclocross bike in its armamentarium will incur a 15 minute time penalty. In addition, that team will be penalized 1 check point per bike in the corral. For example, if two members on a four person team utilize cyclocross bikes, that team will incur a 15 minute time penalty and lose 2 check points from their final tally.

Any bike will be allowed for the 4 hour race without any penalties. There will be no single track mountain biking for the 4 hour race, but there may be a short section of unpaved road/path..

### **Mandatory Paddle Gear**

PFD's, paddles, and canoes will be provided for each team. You may use your own PFDs and paddles, and they will be transported for you during the race.

### **Recommended Gear**

- long pants/long sleeve shirt
- dry bag
- Bug spray
- sun screen, sunglasses
- waterproof map case
- bike pump or CO2 system
- bike patch/repair kits

### **Prohibited Items**

- GPS
- Fire arms
- Communication devices other than sealed cell phone for emergency use
- Motorized means of transport